# MARLBOROUGH HEALTH AND WELLBEING GROUP ONLINE MEETING 2pm, WEDNESDAY 7<sup>th</sup> FEBRUARY 2024

### **Attendees**

Councillor Jane Davies, Cabinet Member for Adult Services, SEND, Transitions & Inclusion

Kate Brooks: Age UK Wiltshire

Vicky Candy; Greatwood charity (in place of Sasha Thorbek)

Andrew Jack; Strategic Engagement and Partnership Manager, Wiltshire Council

Representative; Health Watch Wiltshire Hayley Gough: Carer Support Wiltshire

Sanjana Matthews-Mair; Health Trainer, Wiltshire Council Karen Montague; East Wiltshire Primary Care Network

Dominique Oughton – Wiltshire and Swindon Sports Partnership Richard Spencer-Williams, Clerk, Marlborough Town Council Jill Turner, Chair, Marlborough Health and Wellbeing Group

### **Apologies**

Frances Barrone; Prevention and Wellbeing Team Wiltshire Council

Sarah Marriott; Alzheimers Wiltshire Sasha Thorbek; Greatwood Charity

No.	ITEM and ACTION	ACTION
1	Notes of the Meeting on 19 <sup>th</sup> October 2023	
	The Notes of the meeting held on 19 <sup>th</sup> October 2023 were agreed as an accurate record	
2	Matters arising	
	The Wiltshire Council Carers' Strategy was due to be submitted to the Wiltshire Council Cabinet in early 2024 prior to dissemination across the county.	
	The Group noted the positive feedback following the HWB Engagement event 5.12.2023. It was recognised that people of all ages could become 'vulnerable' and in need of support, The HWB Group would continue to focus on adults.	
	JD updated the Group on the recent presentation at the January 2024 Marlborough Area Board meeting which aimed to develop further the community support arrangements in the local area while avoiding duplication.	
	It was noted that the Marlborough Sports Forum was planning a county wide event in May 2024.	
	BB informed the Group that 'Rethink Mental Illness' offered to provide 2 hour drop-in sessions on a monthly basis in Marlborough. The proposal was welcomed and the library was proposed as a potential venue.	
3	Grant funding update	
	AJ confirmed that a total of £3,900 grant funding remained available for older and vulnerable adults from the 2023-34 allocation. Applications	

were required by 20<sup>th</sup> February 2024. Funds could be carried forward to the financial year 2024-25 only if previously allocated to a project but remaining unspent by 31<sup>st</sup> March 2024.

Proposals included support for the 'Happy Café' in the Mustard Seed bookshop and for the Jubilee Centre.

Applications could be circulated for comment to the HWB Group for comment / recommendation to the Marlborough Area Board by email in advance of the next meeting in order to meet the submission deadline.

Weblink: https://www.wiltshire.gov.uk/article/6145/Area-Board-Grants

## 4 Marlborough HWB summer 2024 event

JT informed the Group that plans had been developed in 2019-20 for a health and wellbeing public event in Priory Gardens similar to the regular event held in Devizes however the Covid 19 pandemic had prevented the event from proceeding.

Following the two successful indoor events for health and wellbeing organisations (October 2022 and December 2023) it was proposed now to revisit the public event concept again. The increasingly unpredictable weather ( rain, storms etc) had resulted in concerns about the proposal for an outdoors event and following some investigation it was proposed to site the event at St Peter's church on 6<sup>th</sup> July 2024 from 10.00 to 16.00 ( tbc)

The proposed aim of the Marlborough Wellbeing Day would be to: increase public awareness of the range of local health and well being services and activities that are available for adults in the Marlborough area.

#### Facilities available:

Display spaces from 16 x trestle tables (6' length) in the nave and a further 5 in the West end of the Church.

Poster boards x 3 (2 with 6 sides and 1 with 10 sides)

Mic and amplifier

Insurance and licences: St Peter's has the necessary public liability insurance cover along with licences for live and prerecorded music. New fire alarm system.

Access: fully accessible venue with a disabled WC

Maximum capacity – 200 people standing at one time

Weather permitting:

- both gardens could be available for seating with the West Door fully open.
- the outside space could be used for dance and music

The Cardinal Coffee shop would be available throughout the Day

Event publicity: St Peter's would assist with promotional publicity including social media, Marlborough News, poster and logo design Exhibitors: a floor layout plan for allocation of 'pitches' would be provided drop off for materials would be available on the previous day and from 08.30 am on 6th July. A rota could be arranged. Electricity: available for charging phones etc Invitation list to include the December 2023 attendees plus: - local choir/s (Sing along and Social and the Marlborough Community Choir). -active displays possibly to include Tai Chi, the Marlborough Sports Forum and 'Fitness and Friendship'. -Wiltshire Wildlife Trust **Action**: HWB Group members to comment / add to the list All Financial support for the event. AJ explained that a grant of up to £500 without matched funds could be requested to support the proposed event. Consideration to be given to administrative assistance possibly linked to the development of the 'directory' of health and wellbeing organisations **Publicity** Widespread, early and on-the-day publicity would be required to ensure a successful event to include in the High Street on the day to attract people to the Church for example the Town Crier and a street entertainer. JD / JT **Action:** JD / JT would liaise in order to invite the Mayor and the Town Crier (if appointed by July 2024) Other events on the Day. The potential for several health and wellbeing events to be held on the same day in the local area would be pursued potentially to include gardening, the community fridge, blood pressure monitoring (Sanjana Matthews-Mair) and Health and Wellbeing coach consultations ( Primary Care Network) JT Action: JT to liaise with Clare Harris, Deputy Town Clerk Any other business JT provided details of the 'Connecting People Networks: hosted by Wiltshire Community Foundation (WCF) Swindon and Wiltshire Connecting People Networks. Meeting 3 times a year these Networks aim to bring organisations together; who have an interest in or provide day to day activities that connect people to address loneliness and improve wellbeing; to share learning and network. Hosted online on Zoom, Network workshops focus on discussion, sharing, learning and networking.

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	The theme for the next meetings is 'connecting and collaborating with other groups, organisations and activities working in your community'.  Wiltshire Connecting People Network: 22 Feb 2024 - Wiltshire Connecting People Network Tickets, Thu 22 Feb 2024 at 10:00    Eventbrite  Swindon Connecting People Network: 7 March 2024 - Swindon Connecting People Network Tickets, Thu 7 Mar 2024 at 10:00    Eventbrite  KB provided details of the £200 grants available for 'surviving winter' from Age UK Wiltshire (https://www.ageuk.org.uk/wiltshire/ourservices/surviving-winter/)	
6	Date of next meeting	
	To be confirmed	